

Food Banks and Support in Telford

Telford crisis support foodbank

Salvation Army Call 01952 620263. Telford TF2 6AQ

Oakengates United Church call 01952 299504

Dawley Christian Centre & Methodist Church call 01952 505108.

Donation Points

Dawley Christian Church

Ketley Methodist Church

Oakengates Methodist Church

Wellington Methodist Church

If you know someone who struggling they can call 01952 5051080 between 9-1pm

If you need advice during this time you can call in at Dawley Christian Centre. Computers and phones are free to use.

Out Of Hours Emergency Help.

<http://www.shropscommunityhealth.nhs/MIU>

GP Practice(/yourhealth/gp-practices)

Dental call NHS 111

Call 111 for advice and help 24 hours a day seven days a week.

Accident and Emergencies are open 24 hours a day.

Your local Hospitals

Royal Shrewsbury Hospital SY3 8XQ tel: 01743261000

Princess Royal Hospital TF1 6TF tel: 019520641222

Wellbeing Primary Resources-Twinkl

<https://www.twinkl.co.uk/resouces/kS2-phse/health-wellbeing-pshe-subjects-key...>

Well-being for Children in the EYFS-CACHE

<https://www.cache.org.uk/news/medai/well-being-for-children-in-the-eyfs>

5 steps to mental wellbeing-NHS

<https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing>

<https://www.elsasupport.co.uk/coronavirus-story-for-children/>