

Personal Social and Health Education Policy January 2017.

School Philosophy

Meadows Primary School and Nursery strives to develop children as responsible and caring members of the school and wider community within a respectful environment. We aim to help children to develop values of mutual understanding and respect of others, to develop responsible attitudes in order to lead confident, healthy and independent lives.

At Meadows Primary School and Nursery we believe that the personal development of pupils is an important aspect in developing children's ability to learn and achieve. We believe that by facilitating the educational, social, emotional, aesthetic, spiritual and moral development of each child we are helping to give children as many opportunities as possible for achievement and personal fulfilment in later life. We recognise and support the contribution PSHE makes to the National Healthy Schools scheme and we aim to encourage children to lead a healthy lifestyle and to make healthy choices.

Aims

- To give children knowledge, skills and understanding of a healthy living, in order to develop attitudes and practices which enable them to lead confident, healthy and independent lives.
- To enable children to make informed choices which will encourage them to develop as active and responsible citizens.
- To enable children to contribute to the life of the school and wider community by encouraging children to take part in a wide range of activities.
- To make pupils feel valued as individuals who can make positive contributions to school and community life and to encourage pupils to recognise their own worth.
- To help children understand how they are developing personally and socially and to enable them to tackle many of the spiritual, moral, social and cultural issues that are part of growing up.
- To enable children to form quality relationships which are effective and fulfilling and to develop values of mutual understanding and respect of others.
- To provide opportunities to learn about different aspects of Citizenship, PSHE and Road Safety through workshops and theatre shows.

Components of Personal Social and Health Education

The staff at Meadows will follow the '3D PSHE' scheme of work which covers Foundation Stage to Year 6. This incorporates the British Values, SRE and Drugs Education, as well as incorporating key aspects of Citizenship. The scheme of work provides each phase with a structured approach to PSHE provision. Teachers are also encouraged to make cross-curricular links to the National Curriculum whenever appropriate. Classes hold Circle Times regularly and these are recorded by each class teacher.

We also have a Travel Plan which is a part of the PSHE provision in school. Road Safety activities are held annually in school which include a walk to school week, and a giant walking bus activity.

Workshops and Theatre shows are provided as and when they are available for the children to support the objectives of the PSHE policy.

Learning Objectives

During the Foundation Stage children will be working towards the early learning goals using the Development Matters guidelines for Personal, Social and Emotional Development.

By the end of Key Stage 1, pupils should, with regards to:

Personal Development

- Talk about feelings and opinions and explain their views.
- Recognise what they like/dislike, what is fair and unfair and what is right and wrong.
- Learn from their experiences, recognise what they are good at and set simple goals.
- Have begun to develop the qualities such as self-awareness, managing feelings, motivation, empathy and social skills.

Health and Safety

- Learn basic skills for keeping themselves healthy and how to maintain personal hygiene.
- Learn the names of the main body parts.
- Understand how some diseases are spread and how they are controlled.
- Understand that medicines and household products can be dangerous if not used properly.
- Learn about ways of keeping safe in the environment e.g. road safety, stranger danger etc.
- To understand about Road Safety to encourage children to be safe on the streets.

Relationships

- Develop social skills, in order to develop relationships e.g. sharing turn-taking etc.
- Recognise how their behaviour affects others and to develop awareness of other people's feelings.
- Respect and understand similarities and differences between people.

Active Citizenship

- Take responsibility for themselves and the environment.
- Take an active part in the life of the school and the immediate environment.
- To celebrate their contribution as a good citizen within the school community.

By the end of Key Stage 2, pupils should, with regards to:

Personal Development

- Learn about themselves as growing and changing and prepare for changes both physically and in terms of changing environment e.g. school journey, transition to secondary school etc.
- Be able to evaluate their progress and set targets which they can work towards.
- Have continued to develop qualities such as self-awareness, managing feelings, motivation, empathy and social skills.

Health and Safety

- Learn about how to sustain a healthy lifestyle and understand the effects of exercise and diet on health.
- Learn about diseases and how they can be spread and controlled.
- Learn about medicines, including legal and illegal drugs.
- Learn about reproduction.
- To understand about Road Safety and to be safe on the streets.

Relationships

- Develop their own relationships with others and have an awareness of different types of relationships e.g. friends, families, marriages etc.
- Develop further awareness of how their actions affect themselves and others, in order to develop sensitive and caring attitudes.
- To develop confidence to resist bullying and pressure to do wrong.
- To recognise risks and how to behave responsibly.

Active Citizenship

- To develop a sense of social and moral responsibility through debating issues, resolving differences and taking part in democratic processes.
- To make informed choices.
- To play a larger part in school and community activities.
- To celebrate their contribution as a good citizen within the school community.

Organisation of Learning

- 30 to 45 minutes per week allocated for PSHE activities, circle-time activities, discussion, debate etc. underpinned by '3D PSHE' scheme of work, alongside teacher's using circle time and activities to address any issues that may arise within school or the community as a whole.
- Teachers plan according to their pupils' needs, using TA support, to involve all children in teaching and learning.
- Cross-curricular teaching of PSHE, linking where possible to other aspects of the curriculum, particularly the Science Programme of Study, including Relationships and Sex Education.
- Discussion and agreement of class/school rules and expectations.
- Recognising achievements e.g. commendation assemblies, certificates and rewards.
- Team Points to be used as a reward throughout school, including lunchtimes.
- Home-school agreement.
- School Council
- Making choices e.g. class activities, lunchtimes and playtimes, ICT activities
- Visits from outside speakers, theatre groups etc.
- Positions of responsibility, as in peer mentors and reading champions.
- Health and Wellbeing toolkit, designed to support adults and children.
- Assemblies and school performances
- School trips.
- Extra- curricular activities.

Date Policy Agreed: March 2017